



## What's in a McNugget?

Good News! A McDonald's Chicken McNugget *does* contain chicken. But it's not the main ingredient--not even close. A McNugget is made up of 38 ingredients, mostly chemicals and corn derivatives. In total, a McNugget is 56 percent corn products. But 0.02 percent is *tertiary butylhydroquinone (TBHQ)* a petroleum byproduct used as a preservative. TBHQ is actually a form of butane, also known as **lighter fluid**.